

Talking about youth mental health



YOUR CHILD'S MENTAL WELLNESS AND YOU

JANUARY 15TH, 2019

6:30PM

SM NORTH HIGH SCHOOL

PLEASE RSVP

[HTTP://BIT.LY/SMSDMENTALHEALTH](http://bit.ly/smsdmentalhealth)

Hear from a panel of experts on adolescent mental health and wellness, how it affects the family, and what you can do to support your child on their journey of mental wellness.

